

March 2026

# THE ASPIRE

Meols Cop High School Newsletter



## YEAR 9 SKILLS CHALLENGE

Ten of our Year 9 students visited Southport College to take on the skills challenge in a number of different areas, including Hairdressing, Carpentry, Engineering, Hospitality & Catering and Arts & Design. They all worked together through team building tasks designed to boost confidence, communication and the essential skills they'll carry into their future careers.



## UNI PART TRIP

A group of 15, Year 9 students explored a STEM based event at UNIPART Dorman UK in celebration of the Railway 200 event. Students engaged in group activities, industry talks from UNIPART and Network Rail, a tour of the building, viewing products the company produce, also using VR headsets with rail related tasks. The event inspired students to consider STEM in engineering and rail related careers. Well done to all involved!

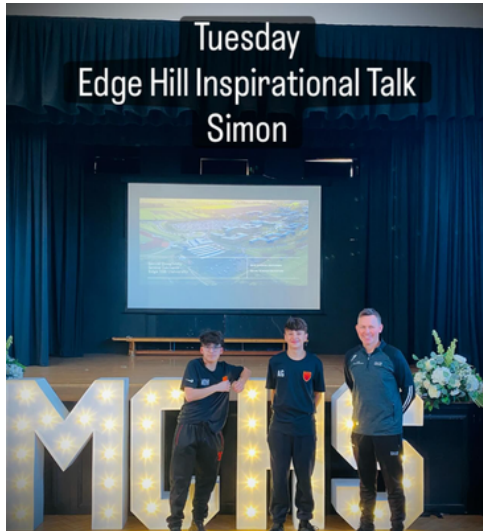


# Professional Standards

# BUILD YOUR FUTURE CAREERS AT MCHS

## PE CAREERS WEEK

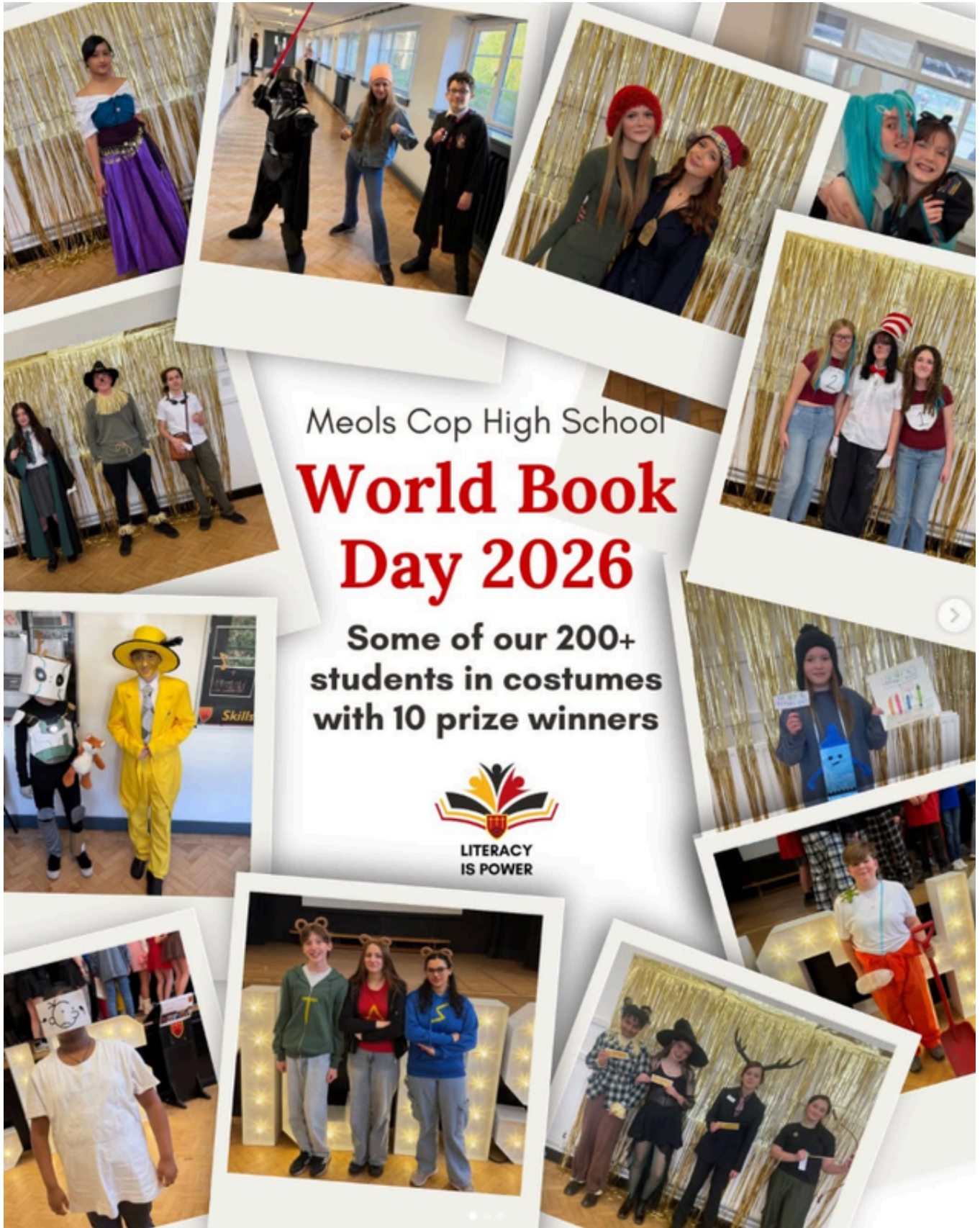
What a week for our PE department's Careers Week! Students enjoyed a fantastic range of inspiring talks and workshops across PE, Sport, and Performing Arts. Harriet from Sky Sports kicked things off with a session on sports journalism for Year 11, followed by Simon from Edge Hill University motivating Year 10 with aspirational career pathways. Josh Williams from Distance Covered shared insights into sports analytics with Years 9 and 11, and Everton in the Community's PL Inspires team, along with Adam James McCoy, rounded off the week with high-energy football and performing arts sessions for Years 7 and 8.



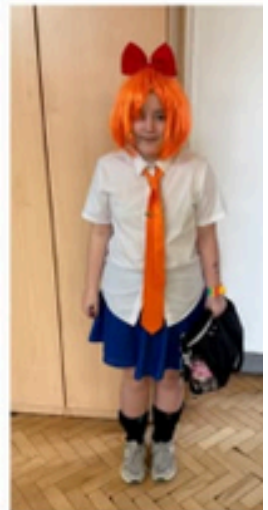
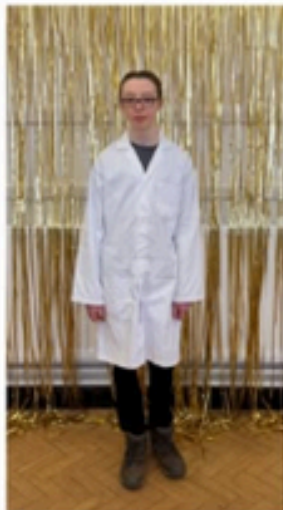
# Professional Standards

# WORLD BOOK DAY

What a celebration of stories, imagination and reading! Over 200 students brought their favourite characters to life with incredible costumes, creativity and confidence – with 10 fantastic prize winners along the way. A brilliant reminder that books open doors, spark curiosity and bring our school community together. Because at Meols Cop... Literacy is Power.



## Values Driven



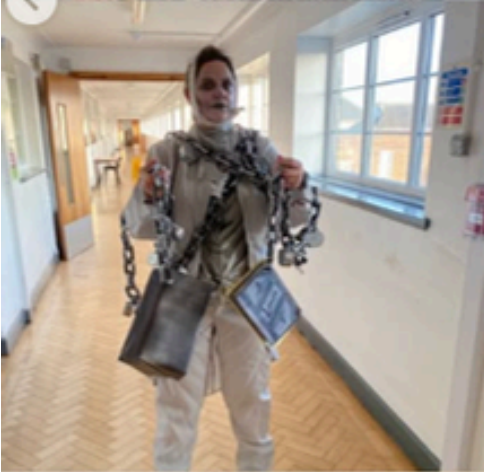
**Values Driven**

The creativity didn't stop with the students! Our staff went all-out to bring books and characters to life, filling the school with laughter, imagination and a real love of reading. From classic literature to much-loved favourites, the effort and enthusiasm were incredible. A huge thank you to everyone who took part and helped make the day so special – and congratulations to Mr Daw, winner of Best Staff Costume!

Great work  
Team  
English!



OUT BEST  
TURN OUT



*Thank you  
everyone*



WINNER:  
MR DAW!



**Values Driven**

# World Book Day 2026



STAFF  
COSTUMES



*Thank you  
everyone*



# Values Driven

# SPEAKER OF THE YEAR

We recently held the first ever Speaker of the Year competition. The atmosphere was so lovely and supportive and each student who participated was so confident. We had some beautiful speeches sharing how inspirational staff are (such as PC Kirsty), sharing all about what they've learnt in English, and sharing their views on things we could do to make the world better.

## HOLOCAUST MEMORIAL DAY

Year 8 students watched *The Island on Bird Street*, a powerful film following the story of a young Jewish boy surviving alone in the Warsaw Ghetto during the Second World War. This experience is designed to deepen students' understanding of the historical realities of the Holocaust.



HOLOCAUST  
MEMORIAL  
DAY TRUST



## MVP MENTORING PROGRAM

Merseyside Youth Association's  
**Mentors in  
Violence  
Prevention**

The MVP programme has started again this term and a number of students completed a two day training course. Mentors in Violence Prevention (MVP) is a peer education programme that provides young people with the language and framework to explore and challenge the attitudes, beliefs and cultural norms that underpin gender-based violence, bullying and other forms of abuse, while building resilience and promoting positive mental health.

## CHILDREN'S MENTAL HEALTH WEEK

Children's Mental Health week was a fantastic success, with students taking part in a wide range of staff-led enrichment activities that encouraged them to try new things and connect with others. Throughout the week, creative, sporting, academic, and wellbeing sessions helped students explore new interests, while staff "I feel like I belong when I..." door signs sparked meaningful conversations around identity and inclusion. Students also completed activity loyalty cards, with many entering the raffle after challenging themselves to try something new. On Friday, our Cosy Clothes Day raised funds for local charities, and the whole school came together for the Great Big Belonging Quiz, celebrating the many communities that shape who we are.

**CHILDREN'S MENTAL HEALTH WEEK**

As part of CMHW, students across all years are invited to attend a range of enrichment clubs/activities across the week. First come first served!

MONDAY	TUESDAY
Miss Westall/ Miss Lund-Crochet Club (H3) Miss Riley/Miss Harrison Uno/board games (L1)	Miss Walshe-Craft Lunch Time (H2)
WEDNESDAY	THURSDAY
Miss Foulds- Animal Behaviour Experiment (S1) Miss Golding- Yoga (Dance Studio) Mindfulness colouring (Mentors)	Miss Bentley- Graphic Novel Club (E2) Miss Pearce Swift- Speed stacking (H2)
FRIDAY	
Miss Byng- air dry clay sculpture making (A1) Miss Binns- cooking (T3) Miss Doors- Booklet Club (L2)	<b>LOYALTY CARD</b> AFTER A RANGE OF ENRICHMENT ACTIVITIES THIS WEEK AND COLLECT A STAMP NEED TO BEE PLACED IN ALL OUR FRIDAY LETS TO BE PUT INTO A RAFFLE FOR A PRIZE. WRITE YOUR NAME ON THE BACK! Remember to get your loyalty card signed and handed in to H2 on Friday to be put into a raffle!



# Values Driven

# INTERNATIONAL WOMEN'S DAY

What an unforgettable day at the Southport Learning Trust International Women's Day Conference! With the theme Give to Gain, we were thrilled to welcome 4 incredible guest speakers who shared their wisdom, passion, and experiences with over 500 Year 10 girls from our 5 high schools. The room was filled with energy, curiosity, and a commitment to creating change. We're excited to see how these brilliant young women will accelerate action in their own lives and beyond!

**Fran Slater:** Deputy Operations Supervisor - NATS

**Angela Spencer:** Life Coach - Virago Wellness

**Hannah Dowd:** Employment Lawyer - Aaron & Partners Solicitors

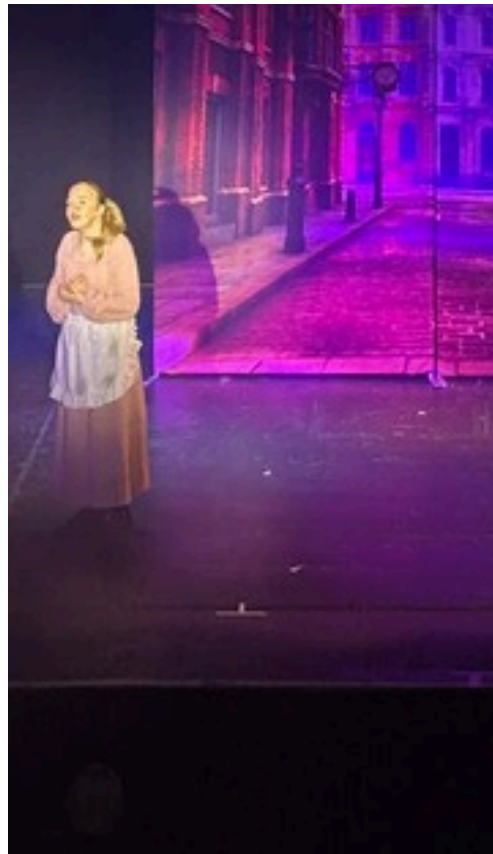
**Lucy Easthope:** Disaster Response Emergency Specialist & published author



## Values Driven

# LES MISÉRABLES

Our production of Les Misérables was a huge triumph, with three unforgettable nights at the Little Theatre and Friday's performance sold out. Audiences were blown away by the incredible talent, passion, and professionalism shown by our cast and crew. It was a truly outstanding showcase of what our students can achieve, and a week that will be remembered for a long time.



## *Skills & Experience*

# LES MISÉRABLES



**Skills & Experience**

# Community Spirit at Meols Cop High School



During their Enrichment lesson, four wonderful Year 9 students came across a lost purse containing money while out on their Duke of Edinburgh walk. They immediately did the right thing by handing it in at a nearby shop, and we couldn't be more proud of them showcasing the core values of the Duke of Edinburgh Award - honesty, integrity and responsibility. Really well done! The picture shows 3 of the 4 students involved in this community effort.



## LOVE MY COMMUNITY FUNDRAISER

Students came together as part of the Southport 'Love My Community' fundraising efforts, raising money for Bebe's Hive, Alice Wonderdance and Elsie's Story. It was a fantastic turnout for the bake sale, every cake was sold - along side an own clothes day - which raised a total of **£550!**



# Values Driven

## RED SHOES TRIP

GCSE Dance students go to experience a live production of Mathew Bourne's 'Red Shoes' at The Liverpool Empire. The trip offered students a chance to experience professional dance in a live setting, to see how choreography, lighting, costume and music come together to create a powerful and cohesive performance.



## PE FESTIVAL

A huge well done to ten of our Year 7 and 8 students who took part in the PE Festival today at Formby High School. Every pupil behaved impeccably, gave 100% in all activities, and demonstrated true Meols Cop spirit throughout the day. A big thank you to our SGCO Kate, the Formby High Sports Leaders who were amazing.



## SCHOLARS MASTERCLASSES

It's been a busy term for Scholars Masterclasses! Scholars enjoyed a variety of different talks, opening up fantastic discussions and focus points! Well done to everyone who came along!

**Meols Cop Scholars Masterclasses**

**Why friendships matter**

 Delivered by John Bulmer

The talk will take place in L1 on Friday 13th January 13:40-14:10

Refreshments provided!

Although this is an exclusive talk for scholars, if you are interested in attending please talk to Miss Harrison for more information.

**Meols Cop Scholars Masterclasses**

**Mastering Go: From 4,000 Years of Tradition to Your First Game**

 Delivered by Mr Parkinson

The talk will take place in L1 on Friday 30th January 13:40-14:10

Refreshments provided!

Although this is an exclusive talk for scholars, if you are interested in attending please talk to Miss Harrison for more information.

**Meols Cop Scholars Masterclasses**

**Passport to Possibility: Reasons to study abroad**

 Delivered by Miss Harrison

The talk will take place in L1 on Friday 16th January 13:40-14:10


Refreshments provided!

Although this is an exclusive talk for scholars, if you are interested in attending please talk to Miss Harrison for more information.

## THE 100 CLUB

We are proud to celebrate the very first 100 Club. A huge well done to the **143** students who achieved 100% attendance and 100% behaviour — turning up, doing the right thing, and setting the standard every single day. This award is all about recognising consistency, commitment, and positive choices. We couldn't be prouder of you all — keep shining!

# Congratulations

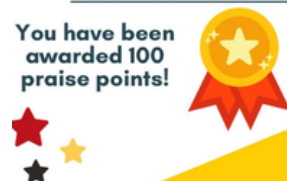


Meols Cop High School  
**THE 100 CLUB**

100% Behaviour & 100% attendance  
this half term

Awarded to:  
**143 STUDENTS!**

You have been awarded 100 praise points!



# Academic Excellence

# GEOGRAPHY TRIP TO CHESTER ZOO

Year 10 geographers enjoyed a fantastic day at Chester Zoo as part of their ecosystems studies. Students explored a wide range of habitats first-hand, observing how different species adapt to their environments and the ways ecosystems are carefully managed and conserved.



***Skills & Experience***

# STEM TOURNAMENT

Year 9 & 10 students took on the STEM Tournament at Birkdale High, designing and building vehicles under pressure. Their hard work paid off with a fantastic 3rd place finish — well done, Team Meals Cop!



## HAPPY 100<sup>TH</sup> BIRTHDAY STAN!

Students and staff have been busy writing birthday postcards to a local resident and veteran, Stan, to help celebrate his 100th birthday. Students visited Ivy Gate Lodge today to deliver over 400 cards and a birthday hamper to mark this special occasion. Happy Birthday, Stan!



# Values Driven

## YEAR 10 VISIT THE GRAND

Year 10 Asdan along with Hospitality and Catering students visited The Grand recently for a Hospitality event to gain hands on experience working with staff at The Grand. Students developed their practical skills through canopy building and producing mocktails behind the bar. The barista making activity was extremely popular with students making plenty of cappuccinos throughout the day. There was lots of activity during the table laying task with students identifying the correct placing of crockery and cutlery.



## FUTURE CHEF FOR YEAR 10

Recently, two Year 10 Hospitality and Catering students participated in the Future Chef competition working with chefs from the north west and other local schools. Amy produced a Chicken Alfresco and Sienna a Cheesy Garlic Pasta. Both students received great feedback from the judges and made some appetising dishes thoroughly enjoyed by the tasters.

It was a great opportunity for both students to prepare their dishes in front of experienced chefs with a challenging criteria and great learning experience.



# Academic Excellence

# YEAR 8 FIRST AID TRAINING

Celebrating our amazing Year 8s! Every student took part in Mini Medics first aid training recently – building confidence, learning vital skills, and having a brilliant time doing it. This fantastic opportunity was fully funded by last year's KNOWKNIFE CRIME London Marathon fundraising efforts, and we're so proud to see that support making a real impact.



## THANK YOU TO OUR ELVES



A massive thank you and well done to Bethany and Daniel in Year 7 who raised £33 in Decembers Elf Bingo. Tickets were only 50p which meant they convinced 66 students to take part. This is absolutely amazing and a credit to their leadership skills, confidence and get up and go attitude. Thank you so much Daniel and Bethany for all your hard work and support. We can't do these lovely things for our students without leaders like you so thank you again!



# Values Driven

# ROBBO'S BINGO BONANZA

## WRITTEN BY YEAR 7 STUDENT LEADER DANIEL L

On Wednesday 25th March at 3:30pm, Mr Roberts (Head of Year 7) with Mrs Greenwood and Miss Davies (The Learning support team) along with over 70 Year 7 pupils all got Robbo's bingo underway. We all had juice, chocolate and Seabrooks before Bingo.

There was a little thing with some numbers, if 2 was drawn you would have go 'QUACK' like a duck, 'QUACKQUACK' for 22, do an Irish dance for a number that ended with 8 (e.g. 8, 18, 28, etc.) try and get some sweets for 16, dance to 'Dancing Queen' for 17 do a dance-off for 32, go 'Whit-woo!' for 11, and, of course, do the 'SIX, SEVEN!' sign for 67.

And at the end, we all had a lip sync contest while 'Sweet Caroline' was on. During that song, the atmosphere was electric and the morale of the 70+ students that went was far above complacent. We all left at about 5pm. It was very great fun and I would recommend to do it if the opportunity will come your way. So, if your form tutor asks you 'Will you go to the bingo tonight?' say yes!



# Values Driven

# SPORTING ROUNDUP

Its been a busy term of sport - with students taking part in a number of different tournaments!



# Academic Excellence