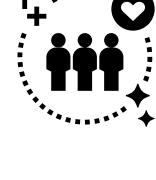




Brokering Aspirations



PSHE Curriculum Map

YEAR 9

DRUG AWARENESS

What is addiction? What types of addictions are more common? What are the chemical and behavioural effects of addiction? What are the effects of addiction? Physical, psychological and addiction cycles - what is the impact on society and how can people get help? **MDMA/Ecstasy & Cocaine** What is the law, the effects and the risks? Reducing the risk. What does the term 'county lines' mean? How are people recruited? Child criminal exploitation .

BEING SAFE

What is meant by 'sexual consent'? What is the law about sexual consent? Why is consent essential? Why do people share indecent images online? What is the law about these and the impact this has? How can we report and stop the sharing of indecent images? What constitutes sexual harassment, sexual abuse and rape? What is the law about these? What we do to keep ourselves, or others, safe? What is child sexual exploitation? How are people groomed into sexual exploitation? What is the law? How can we report this? What is Female Genetic Mutilation and what does the law and other religions say about FGM?

CITIZENSHIP MIGRATION

What do the terms 'refugee' and 'asylum seeker' mean? why do people come to the UK under these titles? What support is available for refugees and asylum seekers? Links with Universal Declaration of HR

RELATIONSHIPS

What is bullying? Types of bullying. Discuss racism, transphobia, sexism, online bullying - the difference between banter and bullying. What impact this has, long and short term. What can young people do to bring about change? What are the characteristics of healthy and unhealthy intimate relationships? How can we have good communication in intimate relationships? What is sexual pressure? Where could it come from? How can sexual pressure be managed? What is the link between sex and health? Benefits, potential negatives, links between first sexual experiences and future sexual health. What is meant by 'safe sex'? What are STIs? How do contraception methods protect us? Which methods protect from pregnancy? Which protect us from some STIs? What choices are available for unwanted pregnancies?

MENTAL WELLBEING

How can we maintain positive mental wellbeing? What is anxiety? What help can people get when struggling with anxiety? What is depression? What help can people get when struggling with depression? What is stress? What help can people get when struggling with stress? What is self-harm? Why do people self-harm? What help can people get when struggling with self-harm?

ONLINE SAFETY

What are the benefits of being online? What is catfishing? Why do people gamble online? What are the risks and the signs of problem gambling? What help can people get? What is targeted advertising? How do companies use psychology to get us to spend money? What is the role of a social media influencer? What impact do influencers have on us?

ASPIRE TOPICS

- Relationships & abusive behaviour
- Healthy Lifestyles
- Mental Health
- Citizenship - Protecting our environment