



Brokering Aspirations

PSHE Curriculum Map

YEAR 8

SAFER SEX

Safer Sex consent - what is consent? How do we know if someone has consented to sex? Contraception - How to use a condom? Sexting / sending nudes - what is it? What is the law? Why do people do it and what are the risks?

DRUG AWARENESS

Classifications, punishments and the impact of a drugs conviction on your life. What impact does this have on society? What is nitrous oxide? What is the law? What are the effects and risks of inhaling nitrous oxide? What is cannabis? What is the law? What are the short and long-term effects? What are the risks? Should cannabis be legalised? What are the reasons for and against the debate? What laws do other countries have?

FIRST AID

What is meant by A, B, C? What is the recovery position and when should it be used? How are scolds, burns and minor injuries treated? How do we help people who are choking? How and when do we administer CPR? What is a defibrillator? How is it used? Where might I find one locally?

ONLINE SAFETY & MENTAL WELLBEING

What differences are there between our online world and the real world? What risks are there when online? What risks are there to being online? How can social media affect our mental wellbeing? What unhealthy comparisons are made when we are online? How can we critically analyse the information that we find on the internet? What impact does the internet have on societal perceptions of beauty? What is the impact on body image? How can a negative body image impact on mental wellbeing? Body dysmorphia, overuse of plastic surgery etc. What support is there?

RELATIONSHIPS

What is marriage? What is a civil partnership? What are the differences? Why do people choose to cohabit instead of marry/join in a civil partnership? What are the legal differences? What are the differences between arranged and forced marriages? Why should marriage be a choice? Recognising unsafe relationships. How can we get help for yourself or others? Introduction to safe sex, what is sex, the risks and how we can protect ourselves from the risks.

CITIZENSHIP

What is the difference between government and parliament? What is an election? What do parties stand for? What is an independent candidate? Upon election, what is the role of an MP? What are the laws? How are they made? What is the difference between civil and criminal law? Should the age of criminal responsibility be changed?

FINANCIAL EDUCATION

How do I get value for money when buying products? How can I find out what others think about products I want? What are consumer rights? How do I protect myself when buying products online? What is debt? How do people accrue debt? What is interest? Why is interest charged? What do I need to know when I am choosing a mobile phone? What choices do I have?

RESPECTING OTHERS

What are stereotypes? How do they lead to prejudice and discrimination? How can we become more respectful? What do we mean by tolerance? How do these feed into our British Values? How does misinformation lead to prejudice and discrimination? Is Britain a racist country? Institutional racism and overt racism -BLM. What is homophobia? What constitutes as homophobic language? LGBTQ+ rights. What is extremism? How do extremists spread their views online? Religious and right wing extremism. Stages of grooming.

Aspire Topics

- Citizenship & social change
- Mental Wellbeing
- Online safety & mental health
- Healthy lifestyles
- Online safety & risks
- Healthy relationships

Academic Excellence